

## QUIET WATER SYMPOSIUM 2012



### **Doug Heym**

Doug became interested in paddling when he was a Boy Scout and has been at it ever since. Though he started with canoeing, he now also sea and whitewater kayaks. With his paddling partner and childhood friend Ted Gallagher, Doug has paddled the Hayes and Bloodvein Rivers in Manitoba, the Missinaibi and Steel in Ontario, the Allagash in Maine and the Au Sable in Michigan. They have also sea kayaked on Lake Superior at Pukaskwa National Park and the Apostle Islands National Lakeshore, the Georgian Bay on Lake Huron and Grand Manan Island in the Bay of Fundy. In a white water kayak, Doug has paddled the Wolf, Pike and Red Rivers in Wisconsin, the Youghiogheny and Stonycreek Rivers in Pennsylvania, and the New and Gauley Rivers in West Virginia.

### **Some Thoughts on Outfitting a Tripping Canoe**

When buying that COTS (Canoe Off the Shelf) boat, scanning it through the self check-out lane at Canoemart® and carrying it home strapped to the roof of your car, you feel like you are ready to embark on a wilderness canoe trip. But no COTS is ready to take that plunge; all COTS canoes need to be outfitted before starting their first trek. Using my Mad River 16' Freedom as a demo, I'd like to lead a discussion on the essentials of canoe trek outfitting. While I believe there are fundamentals for outfitting, there are no right or wrongs, just personal preference and the specifications of your canoe.